

## Terms and conditions Group classes Spring Pilates 2026

### Your membership

A membership gives you unlimited access to the group classes, as long as a class is not fully booked. There is no registration fee.

Your membership continues until you cancel it. You pay per twelve teaching weeks, or in one go for fifty teaching weeks. Such a period is a payment moment and not an end date: when it ends, the next one begins.

A membership is not paused for holidays, illness or a busy spell. The missed weeks arrangement covers that instead. In exceptional circumstances we can agree on something together.

### Fees and payment

- € 175 per twelve teaching weeks
- € 660 in advance for fifty teaching weeks
- Single class € 20

You pay in advance. For each new period you receive a payment link by email, or you transfer the amount to the Spring Pilates account. When transferring, please state your name and whether it concerns twelve or fifty teaching weeks.

### Cancelling your membership

You can cancel by email. You then stop after the teaching weeks you have paid for. Please let me know at least four weeks before the end of your period, so around the eighth teaching week in a twelve-week period, or around the forty-sixth in a fifty-week period.

If I receive no cancellation, your membership continues and the payment link for the next period follows.

### Taking part in a class

Classes are booked in advance through the online calendar. You can book up to twenty minutes before the class starts. You can change or cancel a booking up to 24 hours before the class.

If you have booked and cannot come, please let me know. If you can no longer cancel in the calendar, please call or email me. If I hear nothing, you will receive a payment link by email for a single class, to be paid before your next class.

### Missed teaching weeks

If you cannot come for a week, book the slot *Deze week kwam ik niet* ("I did not come this week") in the calendar. Do this for every week you are away. After five missed weeks you are entitled to a personal training session, once a year.

### Holidays, public holidays and force majeure

The studio is open unless I am away for holiday or training. Teaching weeks that are cancelled for that reason are not charged; your period shifts accordingly. The studio is closed on official public holidays. These short interruptions are not compensated.

If classes cannot take place because of government measures, I teach them online. Participation in those classes is unlimited.

### Company fitness through benVitaal

Taking part through benVitaal does not run through a membership with Spring Pilates. You enter into the contract with benVitaal, pay them monthly, and cancel with them as well. You take part in the group classes without limit.

Because you pay monthly rather than per teaching week, teaching weeks cancelled because of my absence do not shift. The rules for booking, cancelling and not showing up do apply, and you can book missed teaching weeks in the same way.

## **Responsibility**

You are responsible for following instructions regarding safety when performing exercises and using equipment. If you are unsure whether the classes are suitable for you, please consult your GP or another practitioner. By taking part in the classes you agree to these terms.

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